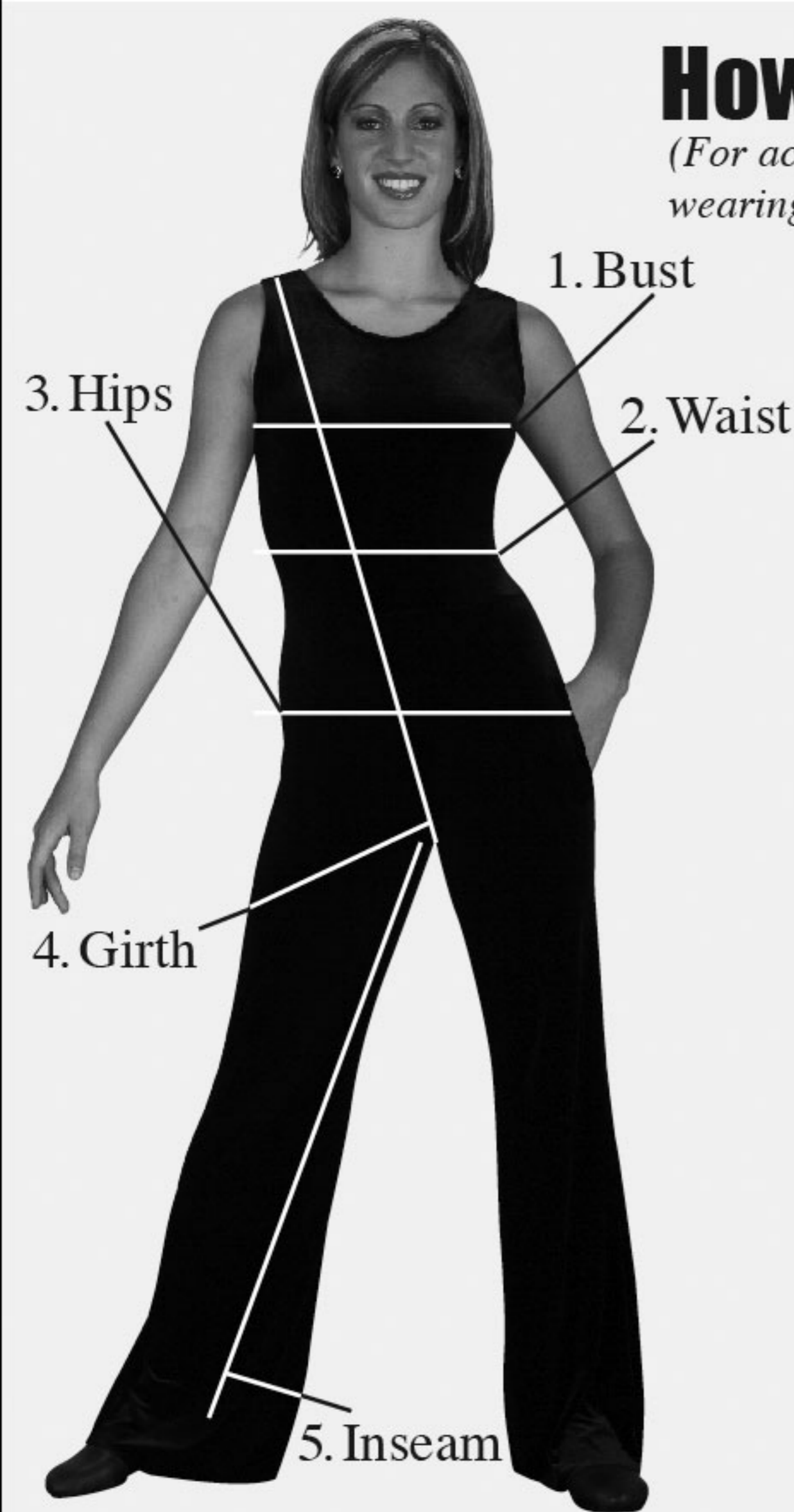


How To Measure

(For accuracy, student should be wearing a leotard)



1. Bust

Measure over the fullest part of the bust/chest, under the arms and around the widest part of the back.

2. Waist

Measure around the natural waistline, the narrowest point of the upper torso.

3. Hips

Measure around the fullest part of the lower torso.

4. Girth

Beginning at the middle of one shoulder, take tape through the legs and back to same shoulder.

5. Inseam

Measure from the crotch down to the ankle bone on the inside of the leg.

WOMEN'S SIZE CHART

	Medium Child	Large Child	Small Adult	Medium Adult	Large Adult	X- Large Adult	XX-Large Adult
Bust	26½-28½	29-31½	32-34	34½-36½	37-40	40½-43½	44-47
Waist	23-24	24½-26	23-25	25½-27½	28-31	31½-34½	35-38
Hips	28-30	30½-34	34½-35½	36-38½	39-42	42½-45½	46-49
Girth	44½-48	48½-54	54½-57	57½-60	60½-63	63½-66	66½-69
Inseam	25	29	31	33	34	35	35

GUY'S SIZE CHART

	Medium Child Guy	Large Child Guy	Small Adult Guy	Medium Adult Guy	Large Adult Guy	X- Large Adult Guy	XX-Large Adult Guy
Chest	26½-28½	29-33½	34-36½	37-39½	40-43½	44-46½	47-49½
Waist	23-24	24½-27½	28-30½	31-23½	34-37½	38-40½	41-43½
Hips	28-30	30½-33½	34½-36½	37-39½	40-43½	44-46½	47-49½
Inseam	25	29	32	34	35	36	36

EXTRA LARGE AND EXTRA EXTRA LARGE SIZES

Take advantage of our sample size sets before you order. XXLAdult uniforms can not be returned, exchanged or cancelled so order carefully!

SAMPLE SIZE SETS

Sized to specification leotard sets, unitard sets, and pants sets are available to assist in sizing your order. Your credit card will be charged and a credit will be issued upon return of the size sets. You pay only for postage! Free color swatches are available upon request!

MEASUREMENTS

When student measurements do not match ranges on our chart, let girth be your guide for uniforms. When sizing for Pants, Hot Pants, Skirts, or 2 piece, DO NOT USE GIRTH. For these items, use waist and hip measurements. Use inseam for long pants.